

Canberra Croquet Club Inc
APPLICATION FOR INTRODUCTORY LESSONS

This form is also available at www.canberracroquet.org.au/coaching. It may be returned by email.

Have you attended a Come & Try session at the Canberra Croquet Club? YES / NO

Have you other previous experience of playing Association Croquet? YES / NO

To enrol you must answer YES to one of the above or make special arrangements with the Coaching Coordinator.

Name(s) <p style="text-align: center;"><i>(may include names of more than one person per household)</i></p>
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Address:		
Phone: (H)	(W)	(M)
Email:		

Agreement: I agree to pay the Canberra Croquet Club Inc, in advance, the sum of \$50 per person (full-time students \$25) for six 2-hour lessons in Association Croquet, payable at the first session. Payment may be made by bank transfer to Commonwealth Bank of Australia BSB 062 919 account 0090 8494 or cheque payable to "Canberra Croquet Club Inc" or cash to the coach. If using bank transfer put your name and 'coaching' in the transaction description. **The course is free if I subsequently join the club.** My initial membership fee will be discounted by the amount paid for the course.

Signed	Date
<i>Please place me in the same group as:</i>	

<p>Availability: Courses are usually run on weekday and Saturday afternoons, Sundays or in the evenings during daylight savings time. To help us schedule you in a class please provide as much information as possible as to when you are available and times which are not possible for you. Also state when you could commence classes.</p>

Age group	
Under 16	
16-29	
30-39	
40-49	
50-59	
60-69	
70+	

Employment status	
Full time	
Part time	
Retired	
Student	

Anything else we should know? Physical constraints? Health issues?

Please return the form to the Canberra Croquet Club Coronation Drive, Yarralumla, ACT, 2602 or email it (unsigned) to coaching@canberracroquet.org.au

Canberra Croquet Club Introductory Croquet Lessons

The Game of Croquet can be described as a cross between Snooker and Chess, played on a Bowling green. It is a challenging and exciting sport for people of all ages, requiring tactical ability, judgment and skill rather than strength and fast reflexes. Croquet can be enjoyed as a social recreation, or as a competitive sport at Club, State, National and International levels.

The game is played between two sides, either as singles or doubles each with two balls on each side. The aim is to hit each of the two balls of your side through all of the twelve hoops in a specific order, scoring one point per hoop, and then hit the peg for another point. The first side to score all 26 points wins the game. A game takes from one to three hours to complete depending on the skill of the players in manoeuvring their own and the opponent's balls to maximum effect. In time-limited games the side with the highest points at the end of time wins.

Introductory Lessons: The CCC offers a course of six 2-hour Introductory Lessons in Croquet, provided by volunteer members. In these Introductory Coaching lessons we will be teaching you about "Association Croquet" (the main version of the sport played world-wide), and to start with, a simpler game called "Golf Croquet". [Link to details](#) of the course content.

The course introduces the basic skills of the game (such as swinging the mallet; single ball shots; the croquet shots – two balls played in the one shot, to produce up to 12 different outcomes) and a rudimentary appreciation of the tactics to be employed in a game.

As with many sports, you will not be able to pick up all the rules, complexities, and subtleties in these introductory lessons. But you will be in a position to start enjoying the challenge of the game.

If you have problems with certain aspects we encourage you to seek help from your Coach, and to work on them through practice and reading between lessons. Conversely, if you breeze through and display exceptional skills, your coach can introduce you to more complex situations.

Participants in the course receive a collection of Coaching Notes and a copy of the booklet "Beginning Croquet" by Chambers and Hall.

On successful completion of the Introductory Lessons program, you would be welcomed to join the Club. CCC members continue to provide guidance and assistance to new members, including more advanced coaching modules, as mastery of the game requires application and practice over some time, depending on individual aptitudes.

Equipment: The CCC provides all the equipment, and has a range of mallets that can be borrowed. The only dress stipulation is that you wear flat-soled shoes and shorts or slacks are preferred since the modern method is to play centre-style, swinging the mallet between the legs.

To join a class: If you are interested in learning more about Croquet, you should come along to the Club for a Come 'n Try Day, held on the 1st Sunday of each month, from 1:00 – 3:00 pm. That way you can be introduced to the game, and if you remain interested, can apply to join a coaching class. Only persons who have attended a Come 'n Try Day or similar, or who have had previous experience of Association Croquet will be accepted into the Introductory Coaching program. If you cannot come to a Come 'n Try Day, please contact the club to arrange an alternative introduction to the game.

Application Form for Lessons: The application form can be downloaded ([Word](#) or [PDF](#) format) or obtained by contacting the club by phone (02) 6273 1030 or emailing the [Coaching Coordinator](#). It may be returned by post or email.

Cost: The cost of the six 2-hour Introductory Lessons (including booklets) is \$50 (full-time students \$25), payable in full at the first lesson. Payment may be made by bank transfer to Commonwealth Bank of Australia BSB 062 919 account 0090 8494 or cheque payable to "Canberra Croquet Club Inc" or cash to the coach. If using bank transfer please state your name and 'coaching' in the transaction description. **The course is free if you subsequently join the club.** Your initial membership fee will be discounted by the amount you paid for the course.

Further Resources: Reading books on Croquet is an excellent way to gain insight into what you are learning, and to get extra knowledge. It is an unfortunate fact that to a new player (and many established players as well) the "Rule Book" can appear incomprehensible. However, there are a number of very good publications that explain all aspects of the game. The ACT Library Service has a number of books at various branches. Better ones are: "The Australian Croquet Manual" (Sloane), "Croquet: The Skills of the Game" (Lamb), and "Croquet" (Solomon). Club members have access to the Club's library, containing many books and videos.

Practice: While reading is useful, the best way to improve is to practice. We encourage you to practice between lessons. Your Coach may be able to arrange for a Club member to be present at suitable times to allow you to come along and practice.

Joining the Club: During or after completing the course you are invited to attend the Club at two of our regular social club sessions and then to join the club. Members can access the Club at any time. Mallets can be borrowed if you decide not to buy your own, so the only cost is the annual membership fee.

The Club: The Canberra Croquet Club has been a part of the Canberra scenery for a long time. The Club was formed in 1928, and our Clubhouse built in 1931. We have 3 fullsized courts that are used for play all year round.

The Club has members across a wide range of ages and skill levels, including social players and NSW state team and National representatives, so you will find plenty of support no matter at what level you are playing the game.